

ESPAD

The European School Survey Project on Alcohol and Other Drugs



STUDENT QUESTIONNAIRE

Before you start, please read this

This questionnaire is part of an international study on alcohol, drugs and tobacco use among students your age. The survey is performed this year in a great number of European countries from Iceland in the west to Russia in the east. The project was initiated by The Swedish Council for Information on Alcohol and Other Drugs, CAN and it is supported by the Co-operation Group to Combat Drug Abuse and Illicit Trafficking in Drugs (Pompidou Group) at the Council of Europe.

Your class has been randomly selected to take part in this study. You are one out of about 2.800 students in, participating in the study.

This is an anynomous questionnaire - it will not contain your name or any other information which would identify you individually. When you have finished the questionnaire, please put it in the enclosed envelope and seal it yourself. <u>Do not write your name on that either.</u> The envelopes will be collected by your teacher/survey administrator after completion.

If the study is to be successful, it is important that you answer each question as thoughtfully and frankly as possible. Remember your answers are totally confidential.

The study is completely voluntary. If there is any question which you would find objectionable for any reason, just leave it blank.

This is not a test. There are no right or wrong answers. If you do not find an answer that fits exactly, mark the one that comes closest. Please, mark the appropriate answer to each question by making an "X" in the box.

We hope you will find the questionnaire interesting and if you have a question, please raise your hand and your teacher/survey administrator will come to your desk to answer it.

Thank you in advance for your participation.

Please begin.

BEFORE BEGINNING BE SURE TO READ THE INSTRUCTIONS ON THE COVER.

Please mark your answer to each question by making an "X" in the appropriate box.

The next few questions ask for some background information about yourself.

1.

What is your sex?

1 Male

	2 Female					
2.	When were you born?	Optional				
	Year: 19	Month:				
	The next few questions ask	about the kir	nds of things	s you might o	do.	
Ор	tional					
3.	How often (if at all) do you do ea	nch of the f	ollowing?	(Mark one	box for ea	ach line)
		Never	A few times a year	Once or twice a month	At least once a week	Almost every day
a)	Ride around on a moped or motorcycle just for fun					
b)	Play on slotmachines(the kind in which you may win money)	🗖				
c)	Play computer games	🗖				
d)	Actively participate in sports, athletics or exercising	🗖				
e)	Read books for enjoyment (do not count school books)					
f)	Go out with your friends in the evening (to a disco, cafe, party etc)	🗖				
g)	Other hobbies (play an instrument, sing, draw, write etc)	📮				

$\boldsymbol{\cap}$	ptional	
$\mathbf{\mathcal{C}}$	puonai	

Opti	ona.
4.	How much TV or video do you estimate you watch on an average weekday?
	₁ ☐ None
	2 Half-hour or less
	3 About 1 hour
	4 About 2 hours
	5 About 3 hours
	6 ☐ About 4 hours
	7 5 hours or more
Opti	onal
5.	Which of the following best describes your average grade in the end of the last semester?
	01 A (93-100)
	02 A- (90-92)
	03 B+ (87-89)
	04 B (83-86)
	05 G B- (80-82)
	06 C+ (77-79)
	07 G (78-76)
	08 L C- (70-72)
Opti	onal
6.	During the LAST 30 DAYS how many whole days of school have you missed?
	None 1 day 2 days 3-4 days 5-6 days 7 days
۵) ۵	or more
	Because of illness
	For other reasons
C) F	1 2 3 4 5 6
	e next major section of this questionnaire deals with cigarettes, alcohol and various other drugs.
	ere is a lot of talk these days about these subjects, but very little accurate information. erefore, we still have a lot to learn about the actual experiences and attitudes of people your e.
	hope that you can answer all questions, but if you find one which you feel you cannot answer nestly, we would prefer that you leave it blank.

Remember that your answers will be kept strictly confidential; they are never connected with your name or your class.

The following questions are about CIGARETTE SMOKING.

7.	On how many occasions (if any) during your lifetime have you smoked cigarettes?
	Number of occasions 0 1-2 3-5 6-9 10-19 20-39 40 or more 1 2 3 4 5 6 7
8.	How frequently have you smoked cigarettes during the LAST 30 DAYS? 1 Not at all 2 Less than 1 cigarette per week 3 Less than 1 cigarette per day 4 1-5 cigarettes per day 5 6-10 cigarettes per day 6 11-20 cigarettes per day 7 More than 20 cigarettes per day The next questions are about ALCOHOLIC BEVERAGES - including beer, wine and liquor.
9.	On how many occasions (if any) have you had any alcoholic beverage to drink? (Mark one box for each line) Number of occasions
a) b) c)	In your lifetime
10.	through the list and tick each item to show whether you personally agree or disagree. (Mark one box for each line) Agree Disagree
a) b) c) d) e) f) g) h) i)	Drinking is bad for your health
k) l) m) n) o)	Drinking is too likely to lead to crime and violence Drinking is against my principles Drinking is too likely to lead to serious accidents Drinking is too likely to have bad effects on family life.

	11.	1 2	ou think you No Yes I don't know	will be drinki	ing alcoho	l when y	ou are t	twentyf	ive?	
	12.		k back over the	lowing to dri	nk? (Mark	one box	•	•	f any) ha	ave you
Option Core Core Core	b) c) d)	Beer (do Wine Liquor (v	not include low whisky, cognac, side liquor mixed wi	alcohol beer) shot drinks etc)	umber of occasion 1-2 1-2 1-2 1-2 1-2 2 1-2 2	3-5	6-9	10-19	20-39	40 or more
	Opt	ional								
	b) H	any) ha	ink back ove ave you had a e beer e wine e liquor	any home ma		l to drink		•	•	•
	14.	If so, 1	ast time you how much? I never drink be I did not drink Less than a redular both 3-4 regular both 5 or more regular.	(Do not inclueer beer on my las gular bottle or ttles or cans (5 ttles or cans (1	t drinking oc can (<50 cl) 0-100 cl) 01-200 cl)	cohol bee		iny bee	r/lager/s	tout?
	15.	much 1	ast time you 1? I never drink would did not drink would be a did not drink would be a did not drink would be a did not did n	rine wine on my las ass (<10 cl) 0-20 cl) 37 cl)		•	drink a	ny wine	∍? If so,	how

16.	The I	ast time you had an alcoholic drink, did you drink any liquor? If so, how h?
	2	I never drink liquor I did not drink liquor on my last drinking occasion Less than a drink (<5 cl) 1-2 drinks (5-10 cl) 3-5 drinks (11-25 cl) 6 drinks or more (≥ 30 cl)
Opti	onal	
17.	beve and t	have now answered separate questions for different types of alcoholic rage. We would now like you to think back on your last drinking occasion to describe in your own words as accurately as you can what you drank how much. Here are some examples:
		 I had one can of Tennants Lager and two glasses of wine. I shared a small bottle of vodka and four cans of beer with two friends. I think I dran half the vodka and one can of beer. (If you shared drinks with other people please try to tell us how much <i>you personally drank</i>).
		Your answer
18.		k of the last day on which you drank alcohol. Where were you when you k? (Mark all that apply)
		Have never been drinking alcohol At home
	1	At someone else's home Out on the street, in a park, beach or other open area At a bar or a pub In a disco
		In a restaurant Other (please describe)
19.	or m	k back over the LAST 30 DAYS. How many times (if any) have you had five ore drinks in a row? (A "drink" is a glass of wine, a bottle of beer, a shot s of liquor or a mixed drink).
	4 \ 5 \	None 1 2 3-5 6-9 10 or more times

Optional

2	0. How likely is it that each of the for if you drink alcohol? (Mark one b	_	_	ould hap	pen to you pe	ersonally,
		Very likely	Likely	Unsure	e Unlikely	Very unlikely
	a) Feel relaxed					
	b) Get into trouble with police	_	ā	\Box		ā
	c) Harm my health		ā	\Box		ā
	d) Feel happy		ā	\Box		
	e) Forget my problems		ā	$\bar{\Box}$		
) Not be able to stop drinking					
ç	g) Get a hangover					
	n) Feel more friendly and outgoing					
i) Do something I would regret					
j						
k	x) Feel sick					
	,	1	2	3	4	5
a) b) c)	In your lifetime	per of occasion 1-2 1-2 1-2 1-2 2	3-5	6-9	10-19 20-39	40 or more
	(Mark one box for each line)		Never	Onco	Twice	3 times
	a) Quarrel or argument			Once	Twice	or more
a/	b) Scuffle or fight					
	c) Accident or injury					
al	d) Loss of money or other valuable item					
1	e) Damage to objects or clothing					
	f) Problems in your relationship with your					
	g) Problems in your relationship with your					
al	h) Problems in your relationship with yo	our teach	ners🖵			
	i) Reduced your performance at school or	at work				
	j) Made you engaged in unwanted sexual	experien	ce 		$oldsymbol{\sqcup}$	
	k) Made you engaged in unprotected sex.		ப			
	I) Driving a motorcycle/car under the influence	ence of				
	alcohol			<u> </u>	$oldsymbol{\sqcup}$	Ĺ
al	m)Victimized by robbery or theft			Ļ	Ľ	
	n) Trouble with police			Ţ	Ļ	
			7	2	3	4

The next questions ask about some other drugs.

Optional

23	. Have you ever heard of a	any of the f	following drug	gs? (Mark	one bo	x for ea	ch line)
		Yes	No				
a)	Tranquilizers or sedatives						
	(give names that apply)		Ц				
b)	Marijuana or hashish	_	Ц				
c)	LSD	_	Ц				
	Amphetamines		Ц				
	Crack		Ц				
	Cocaine		Ц				
	Relevin						
	Heroin		Ц				
	Ecstasy		Ц				
j)	Methadone	U	Ц				
k)							
l)							
m)		u	U				
		1	2				
24	. On how many occasion	s (if any) h	ave you used	marijuan	a (grass	s, pot) o	r
	hashish (hash, hash oil))? (Mark or	ne box for eac	h line)			
		Number	of occasions 1-2 3-5	6-9	10-19	20-39	40 or more
a)	In your lifetime	Ď		Ğ			
	During the last 12 months			\Box		$\overline{\Box}$	$\overline{\Box}$
c)	During the last 30 days					\Box	\Box
٥,	Daming the last of dayonininin	1	2 3	4	5	6	7
25	. On how many occasion	s (if anv) h	ave vou sniff	ed a subs	tance (s	niffina	alue
	aerosols, laughing gas	` ,	•		•	_	giao,
	, J	_	of occasions			-	
٦,	In your lifetime	0	1-2 3-5	6-9	10-19	20-39	40 or more
a)	In your lifetime	_					
p)	During the last 12 months						
c)	During the last 30 days	,	4 4	Ļ	_	_	_

26.	On how many occasions (if a (Mark one box for each line)	any) h	ave you	used a	iny of th	e follow	ing dru	gs?
	,	Number 0	of occasions	3-5	6-9	10-19	20-39	40 or more
a)	Tranquilizers or sedatives (without							
	a doctor's prescription)	.Ц						
b)	Amphetamine	.Ц						
c)	LSD or some other hallucinogens							
d)	Crack Cocaine	$\overline{}$						
e) f)	Relevin		ă		ă		$\overline{}$	$\overline{}$
g)	Heroin		ā	ā	ā		ā	ā
h)	Ecstasy						ā	ā
i)	Drugs by injection with a needle							
,	(like heroin, cocaine or amphetamine)							
Op	tional							
j)	Alcohol together with pills							
k)	Anabolic steroids or other doping							
	agents		2	3				
	ranquilizers and sedatives, like (give exan ople to calm down, get to sleep or to relax. Ph NOT includ	armacies		posed to	sell them v			
28.	1 No, never 2 Yes, but for less than 3 we 3 Yes, for 3 weeks or more		ach of th	o follo	wing thi	ngo2 (M	louk on a	hov
20.	When (if ever) did you FIRST for each line)			12 year	•	•		
a)	Drink beer (at least one glass)	. 🛄						
b)	Drink wine (at least one glass)							
c)	Drink liquor (at least one glass)							
d)	Get drunk on alcohol							
e) f)	Smoke your first cigarette Smoke cigarettes on a daily basis		ă		ă		ă	
g)	Try amphetamines			_				<u> </u>
9) h)	Try tranquilizers or sedatives (with-out a doctors prescription)	_			ā			
i)	Try marijuana or hashish	. 🗖						
j)	Try LSD or some other hallucinogen	, <u> </u>						
k)	Try crack							
I)	Try cocaine	.Ц						
m)	Try relevin	. 📙						
n)	Try ecstasy		7					
o) p)	Try heroin Try inhalants (glue etc) to get high) [7	
• /	tional	. 🗕	_	_	_	_	_	_
-	Try anabolic steroids							
٩/	,		2	3	4	5	6	7

We want to find out how people begin to take drugs. We want you to think back to the very first occasion (if any) on which you took any of them and tell us about it. (Let us say again that any information you choose to give us about this will be very strictly confidential to the researchers. Your name is not on this questionnaire and nobody will attempt to find it out).

29.	wna	t was the first drug (if any) that you have ever tried?
	01	I have never tried any of the substances listed below
	05	Cocaine Relevin Heroin
30.		did you get this substance? I have never used any of the substances listed in question 29
	02	Given me by an older brother or sister Given me by a friend, a boy or a girl older than me Given me by a friend my own age or younger Given me by someone I have heard about but did not know personally Given me by a stranger It was shared round a group of friends Bought from a friend Bought from someone I have heard about but did not know personally Bought from a stranger
	06	Given me by a stranger It was shared round a group of friends Bought from a friend Bought from someone I have heard about but did not know personally Bought from a stranger Given me by one of my parents Took it at home without my parents permission None of these (please describe briefly how you did get it)

Optional

31	. Individuals differ in whether or not they disa YOU disapprove of people doing each of the	• •			_
		Don't	Dioconorci	Strongly	Don't
٥)	Smoking cigarettes occasionally	disapprove	Disapprove	disapprove	know
a)			Ĭ.	$\vec{\Box}$	
b)	Smoking 10 or more cigarettes a day		_	—	J
c)	Trying one or two drinks of an alcoholic beverage				
٦١/	(beer, wine, liquor)				
d)	3				
e)	Getting drunk once a week		–	—	_
f)	Trying marijuana or hashish (cannabis pot, grass)				
\	once or twice		H		
g)	Smoking marijuana or hashish occasionally				
h)	Smoking marijuana or hashish regularly				
i)	Trying LSD or some other hallucinogen once or twice				
j)	Trying heroin (smack, horse) once or twice		–	_	_
k)	Trying tranquilizers or sedatives (without a doctors pre-				
	scription) once or twice		–	U	J
I)	Trying an amphetamine (upper, pep pill, bennie, speed)				
	once or twice				
m)	Trying crack once or twice				
n)	Trying cocaine once or twice				
0)	Trying ecstasy once or twice				
p)	Trying inhalants (glue etc) once or twice	1	2	3	4
32	2. How much do you think people risk harming if they (Mark one box for each line)	g themselves Slight	(physically Moderate	Great	Don't
a)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a)	if they (Mark one box for each line)	Slight	Moderate	Great	Don't
a) b)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f)	if they (Mark one box for each line) No risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f)	if they (Mark one box for each line) Sho risk smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) j)	if they (Mark one box for each line) smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) j)	if they (Mark one box for each line) smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) g) h) i) j) k)	if they (Mark one box for each line) Smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) g) h) i) j) k)	if they (Mark one box for each line) smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) g) h) i) j) k)	if they (Mark one box for each line) Smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) j) k) l) m) n)	if they (Mark one box for each line) smoke cigarettes occasionally	Slight	Moderate	Great	Don't
a) b) c) d) e) f) j) k) l) m) n) o)	if they (Mark one box for each line) Smoke cigarettes occasionally	Slight	Moderate	Great	Don't

33.	How difficult do you think it woul if you wanted? (Mark one box for	_	_	et each	of the f	ollowin	g,
a) b) c) d) e) f)	Beer Wine Liquor Marijuana or hashish (cannabis, pot, gras LSD or some other hallucinogen	Impossible	Verv	Fairly difficult	Fairly easy	Very easy	Don't know
g) h) i) j) k) l) m)	ranquilizers or sedatives		000000) 0000000
n)	Home made liquor						
34		None	nte (N A few	lark one		or each	line)
	smoke cigarettesdrink alcoholic beverages (beer, wine,					J	
c) d) e)	liquor) get drunk at least once a weeksmoke marijuana (pot, grass) or hashish take LSD or some other hallucinogentake amphetamines (uppers, pep pills,						
	bennies, speed))	
h) i) j) k)	take tranquilizers or sedatives (without a doctors prescription)						
	take anabolic steroids]	
		1	2	3	4		5

Opt	ional								
The	next que	stion is about g	ambling. It re	efers only to win mon		of slot m	achines t	from whic	h you may
35.		many occas	• •	/) have yo	u throwi	n mone	y in a slo	otmachi	ne?
b) D	uring the I	meast 12 months ast 30 days	0		3-5	6-9	10-19	20-39	40 or more
ste		et questions as or others ans father, answe	wer for them.	For examp	le, if you	have bot	h a stepfa	ather and	
36.	What is	s the highest	level of sc	hooling yo	our fathe	er comp	leted?		
	2 S 3 C 4 S 5 C	ompleted primome secondary ompleted seconder college or ompleted college on't know, or contact the college on't know, or contact the college on't know, or contact the college on the coll	y school andary schoo university ge or univers	l sity					
37.	What is	the highest	level of sch	nooling yo	ur moth	er com	pleted?		
	2 Sc 3 Cc 4 Sc 5 Cc	ompleted prima ome secondary ompleted secondary ome college or ompleted college on't know, or de	school ndary school university ge or univers	ity					
38.		of the follow all that apply		e live in the	e same l	nouseho	old with	you?	
	1	live alone Father Stepfather Mother Stepmother Brother(s) and/ Grandparent(s) Other relative(s)							

39.	How good do you think you are at school work, compared to other people your age?							
	Excellent, I am probably one of the very best Well above average Above average Verage Below average Well below average Poor, I am probably one of the worst							
40.	If you had ever used marijuana or hashish, do you think that you would have said so in this questionnaire?							
	I already said that I have used it Definitely yes Probably yes Probably not Definitely not							
41.	If you had ever used heroin, do you think that you would have said so in this questionnaire?							
	I already said that I have used it Definitely yes Probably yes Probably not Definitely not							