Your own logo

ESPAD

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The European School Survey Project on Alcohol and Other Drugs

REVISED FINAL VERSION

STUDENT QUESTIONNAIRE

Before you start, please read this

This questionnaire is part of an international study on alcohol, drugs and tobacco use among students your age. The survey is performed this year in more than 30 European countries. The Swedish Council for Information on Alcohol and Other Drugs, CAN, SWEDEN initiated the project, and it is supported by the Pompidou Group at the Council of Europe. This is the third study. The first one was done in 1995 and the second in 1999.

In your country the survey is done by The results will be presented in a national report as well as in an international comparison of the results from all participating countries. The report will not include any results of single classes.

Your class has been randomly selected to take part in this study. You are one out of about 2.800 students in, participating in the study.

This is an anonymous questionnaire - it does not include your name or any other information, which would identify you individually. When you have finished the questionnaire, please put it in the enclosed envelope and seal it yourself. Do not write your name on that either. Your teacher/survey administrator will collect the envelopes after completion.

If the study is to be successful, it is important that you answer each question as thoughtfully and frankly as possible. Remember your answers are totally confidential.

The study is completely voluntary. If there is any question, which you would find objectionable for any reason, just leave it blank.

This is not a test. There are no right or wrong answers. If you do not find an answer that fits exactly, mark the one that comes closest. Please, mark the appropriate answer to each question by making an "X" in the box.

We hope you will find the questionnaire interesting. If you have a question, please raise your hand and your teacher/survey administrator will assist you.

Thank you in advance for your participation.

BEFORE BEGINNING BE SURE TO READ THE INSTRUCTIONS ON THE COVER. Please mark your answer to each question by making an "X" in the appropriate box.

	The first questions ask for some back		information abo might do.	out yourself an	d the kinds of	things you
1.	What is your sex? Male Female					
2.	When were you born?					
2	Year 19	e (1 e 11	• •			
3.	How often (if at all) do you do each o Mark one box for each line. Ride around on a moped or motorcycle	t the follo	A few times a year	Once or twice a month	At least once a week	Almost every day
b)	just for fun Play computer games Use the Internet					
d)	Actively participate in sports, athletics or exercising					
e)	Read books for enjoyment (do not count schoolbooks)					
f)	Go out in the evening (to a disco, cafe, party etc)					
g)	Other hobbies (play an instrument, sing, draw, write etc)					
h)	Play on slot machines (the kind in which ye may win money)			3	4	5
4.	During the LAST 30 DAYS how man Mark one box for each line.	ıy whole	days of school h	ave you misse	d?	
b)]	None Because of illness	1 day	2 days	3-4 days	5-6 days	7 days or more
5.	Which of the following best describes $1 \square A$ (93-100) $2 \square A$ - (90-92)	s your av	erage grade in t	he end of the l	ast term?	

- 3 □ B+ (87-89) 4 □ B (83-86)
- ₅□ B- (80-82)
- $_{6}\square C+ (77-79)$
- $_{7}\square C$ (73-76)
- 8□ C- (70-72)

The next major section of this questionnaire deals with cigarettes, alcohol and various other drugs. There is a lot of talk these days about these subjects, but very little accurate information. Therefore, we still have a lot to learn about the actual experiences and attitudes of people your age.

We hope that you can answer all questions, but if you find one, which you feel you cannot answer honestly, we would prefer that you leave it blank.

The following questions are about CIGARETTE SMOKING. 6. On how many occasions (if any) during your lifetime have you smoked cigarettes? Number of occasions 1-2 3-5 6-9 10-19 20-39 40 or more 0 \Box 5 6 7. How frequently have you smoked cigarettes during the LAST 30 DAYS? $_{1}$ Not at all $_2\square$ Less than 1 cigarette per week $_{3}\Box$ Less than 1 cigarette per day $_4 \square$ 1-5 cigarettes per day $_{5}$ 6-10 cigarettes per day $_{6}$ 11-20 cigarettes per day $_7 \square$ More than 20 cigarettes per day The next questions are about ALCOHOLIC BEVERAGES - including beer, wine and spirits.

8. On how many occasions (if any) have you had any alcoholic beverage to drink?

Mark one box for each line.

	Number of occa	sions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days							
	1	2	3	4	5	6	7

9. Think back over the LAST 30 DAYS. On how many occasions (if any) have you had any of the following to drink? Mark one box for each line

Number of occa	sions					
a) Beer (do not include low alcohol beer)		3-5	6-9	10-19	20-39	40 or more
c) Spirits (whisky, cognac, shot drinks etc) (also include spirits mixed with soft drinks)	2	3		5	6	

10. The last time you had an alcoholic drink, did you drink any beer/lager/stout? If so, how much? (Do not include low alcohol beer).

- \Box I never drink beer
- $_{2}$ I did not drink beer on my last drinking occasion
- $_{3}\Box$ Less than a regular bottle or can (<50 cl)
- $_4\square$ 1-2 regular bottles or cans (50-100 cl)
- $_{5}$ 3-4 regular bottles or cans (101-200 cl)
- $_{6}$ 5 or more regular bottles or cans (\geq 200 cl)

11. The last time you had an alcoholic drink, did you drink any cider? If so, how much? (Do not include low alcohol cider).

- $_{1}\square$ I never drink cider
- $_{2}$ I did not drink cider on my last drinking occasion
- $_{3}\Box$ Less than a regular bottle or can (<50 cl)
- $_4\square$ 1-2 regular bottles or cans (50-100 cl)
- $_{5}$ 3-4 regular bottles or cans (101-200 cl)
- $_{6}$ 5 or more regular bottles or cans (\geq 200 cl)

12. The last time you had an alcoholic drink, did you drink any alcopop? If so, how much?

- $_{1}\square$ I never drink alcopops
- $_{2}$ I did not drink alcopops on my last drinking occasion
- $_{3}\Box$ Less than a regular bottle or can (<50 cl)
- $_4\square$ 1-2 regular bottles or cans (50-100 cl)
- $_{5}$ 3-4 regular bottles or cans (101-200 cl)
- $_{6}$ 5 or more regular bottles or cans (\geq 200 cl)

13. The last time you had an alcoholic drink, did you drink any wine? If so, how much?

- $_{1}\square$ I never drink wine
- $_{2}$ I did not drink wine on my last drinking occasion
- $_{3}\Box$ Less than a glass (<15 cl)
- ⁴ 1-2 glasses (15-30 cl)
- $_{5}$ Half a bottle (37 cl)
- $_{6}\Box$ A bottle or more (\geq 75 cl)

14. The last time you had an alcoholic drink, did you drink any spirits? If so, how much?

- $_{1}\square$ I never drink spirits
- $_{2}$ I did not drink spirits on my last drinking occasion
- $_{3}\Box$ Less than a drink (<5 cl)
- ⁴ 1-2 drinks (5-10 cl)
- ⁵ 3-5 drinks (11-25 cl)
- $_{6}\Box$ 6 drinks or more (\geq 30 cl)

15. Think of the last day on which you drank alcohol. Where were you when you drank? Mark all that apply.

I never drink alcohol
$1 \square$ At home
$1 \square$ At someone else's home
$1 \square$ Out on the street, in a park, beach or other open area
At a bar or a pub
$1 \square$ In a disco
\Box In a restaurant
¹ Other places (please describe)

16. Think back over the LAST 30 DAYS. How many times (if any) have you bought beer, wine or spirits in a store (grocery store, liquor store, kiosk or gas station) for your own consumption? Mark one box for each line.

Munk one box for each mic.						
Number of occa	asions					
0	1-2	3-5	6-9	10-19	20-39	40 or more
a) Beer (do not include low alcohol beer)						
b) Wine						
c) Spirits						
1	2	3	4	5	6	7

17. Think back once more over the LAST 30 DAYS. How many times (if any) have you had five or more drinks in a row? (A "drink" is a glass of wine (ca 15 cl), a bottle or can of beer (ca 50 cl), a shot glass of spirits (ca 5 cl) or a mixed drink.)

- ¹ None
- $_{2}\square 1$
- 3 2
- ₄**□** 3-5
- 5 6-9
- 5**—** 0-:
- $_{6}$ 10 or more times

18. How likely is it that each of the following things would happen to you personally, if you drink alcohol? Mark one box for each line.

	Verv				Verv
	likely	Likely	Unsure	Unlikely	unlikely
a) Feel relaxed					
b) Get into trouble with police					
c) Harm my health					
d) Feel happy					
e) Forget my problems					
f) Not be able to stop drinking					
g) Get a hangover					
h) Feel more friendly and outgoing					
i) Do something I would regret					
j) Have a lot of fun					
k) Feel sick					
	1	2	3	4	5

19. On how many occasions (if any) have you been drunk from drinking alcoholic beverages? Mark one box for each line.

	Number of occa	sions 1-2	3-5	6-9	10-19	20-39	40 or more
a) In your lifetime	, , , , , , , , , , , , , , , , , , ,						
b) During the last 12 months							
c) During the last 30 days							
	1	2	3	4	5	6	7

20. Please indicate on this scale from 1 to 10 how drunk you would say you were the last time you were drunk.

Somew merry c										2	v intoxicated to the point of nable to stand on my feet
	01	02	03	04	05	06	07	08	09	10	
II I have nev	ver b	een dr	unk								

21. How many drinks do you usually need to get drunk? (A "drink" is a glass of wine (ca 15 cl), a bottle or can of beer (ca 50 cl), a shot glass of spirits (ca 5 cl) or a mixed drink.)



22.

The next questions ask about some other drugs.

Ma	ark one box for each line.	Yes
a)	Tranquillisers or sedatives (give names that apply)	
b)) Marijuana or hashish	
c)) LSD	
d)) Amphetamines	
e)) Crack	
f)	Cocaine	
g)) Relevin	
h)) Heroin	
i)	Ecstasy	
j)	GHB	
k)) Methadone	
1)	"Magic mushrooms"	
		1

Have you ever heard of any of the following drugs?

23.	Have you ever wanted to try any of the drugs mentioned in question 22?
	¹ Yes
	$_{2}$ No

24. On how many occasions (if any) have you used marijuana (grass, pot) or hashish (hash, hash oil)? Mark one box for each line.

	Number of occa	sions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days							
	1	2	3	4	5	6	7

25. On how many occasions (if any) have you sniffed a substance (glue, aerosols etc) to get high? Mark one box for each line.

	Number of occa	sions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days							
, -	1	2	3	4	5	6	7

Tranquillisers and sedatives, like (give examples that are appropriate) are sometimes prescribed by doctors to help people to calm down, get to sleep or to relax. Pharmacies are not supposed to sell them without a prescription.

26. Have you ever taken tranquillisers or sedatives because <u>a doctor</u> told you to take them?

 $_{1}$ No, never

 $_2\square$ Yes, but for less than 3 weeks

 $_{3}\Box$ Yes, for 3 weeks or more

27. Have you ever used any of the following drugs? Mark one or more boxes for each line.

		No	Yes, during the last 30 days	Yes, during the last 12 months	Yes, during lifetime
a)	Tranquillisers or sedatives (without a doctor's prescription	on) 🗖			
b)	Amphetamines				
c)	LSD or some other hallucinogens				
d)	Crack				
e)	Cocaine				
f)	Relevin				
g)	Heroin				
h)	Ecstasy				
i)	"Magic mushrooms"				
j)	GHB				
k)	Drugs by injection with a needle (like heroin, cocaine,				
	amphetamine)				
1)	Alcohol together with pills				
m)	Alcohol and marijuana/hashish at the same time				
n)	Anabolic steroids				
		1	1	1	1

-0	Mark one box for each line.		• •		,		8	
		Number of occ 0	asions 1-2	3-5	6-9	10-19	20-39	40 or more
a)	1		_	_	_	_	_	_
	doctor's prescription)							
b)	1			Ц				
c)	LSD or some other hallucinogens	_						
d)		_						
e)	Cocaine	<u> </u>						
f)	Relevin							
g)	Heroin							
h)	Ecstasy							
i)	"Magic mushrooms"							
j)	GHB							
k)	Drugs by injection with a needle (like	e heroin,						
	cocaine, amphetamine)							
1)	Alcohol together with pills							
m) Alcohol and marijuana/hashish at the	same						
	time							
n)	Anabolic steroids							
		1	2	3	4	5	6	7
29	 When (if ever) did you FIRST d Mark one box for each line. 	lo each of the	following th	ings?				
		Name	11 years old or less	12 years	13 years	14 years	15 years	16 years
a)	Drink beer (at least one glass)	Never		old	old	old	old	old
u) b)								
	Drink spirits (at least one glass)	_						
	Get drunk on alcohol	_						
e)	, 6	_						
f)	Smoke cigarettes on a daily basis	_						
g)	Try amphetamines							
h)	5 1	_						
;)	a doctor's prescription)	_						
i)	Try marijuana or hashish							
j)	Try LSD or other hallucinogen							
k)	•							
1)	Try cocaine							
) Try heroin							
n)	5 5							
0)	Try "magic mushrooms"							
p)	Try GHB							
q)	Try drugs by injection with a needle	` —						
	heroin, cocaine, amphetamine)	_						
r)	Try inhalants (glue, etc) to get high	_						
s)	Try alcohol together with pills							
4	Try anabolic steroids							
t)	Try anabolic steroids	1	2	3	4	5	6	7

28. On how many occasions in your lifetime (if any) have you used any of the following drugs?

We want to find out how people begin to take drugs. We want you to think back to the very first occasion (if any) on which you took any of them and tell us about it. (Let us say again that any information you choose to give us about this will be very strictly confidential to the researchers. Your name is not on this questionnaire and nobody will attempt to find it out).

30. What was the FIRST drug (if any) that you have ever tried?

- 1 I have never tried any of the substances listed below
- ⁰² Tranquillisers or sedatives without a doctor's prescription
- ⁰³ Marijuana or hashish
- $_{04}$ LSD
- 05 Amphetamines
- 06 Crack
- 07 Cocaine
- 08 Relevin
- 09 Heroin
- 10 Ecstasy
- ¹¹ "Magic mushrooms"
- $_{12}$ GHB
- $_{13}$ I don't know what it was

31. How did you get this substance?

- $_{01}$ I have never used any of the substances listed in question 30
- $_{02}$ Given to me by an older brother or sister
- $_{03}\square$ Given to me by a friend, a boy or a girl, older than me
- ⁰⁴ Given to me by a friend my own age or younger
- $_{05}\square$ Given to me by someone I have heard about but did not know personally
- ⁰⁶ Given to me by a stranger
- 07 It was shared around a group of friends
- ⁰⁸ Bought from a friend
- ¹⁰⁹ Bought from someone I have heard about but did not know personally
- $_{10}\square$ Bought from a stranger
- \Box Given to me by one of my parents
- $_{12}\square$ Took it at home without my parents permission

¹³ None of these (please describe briefly how you did get it).....

.....

32. Which was the reason(s) for you to try this drug?

Mark all that apply.

- \Box I have never used any of the substances listed in question 30
- $_{1}\square$ I wanted to feel high
- $\Box \sqcup$ I did not want to stand out from the group
- $_{1}\square$ I had nothing to do
- $_{1}$ I was curious
- $_{1}\square$ I wanted to forget my problems
- 1 Other reason(s), please specify.....
- ¹ Don't remember

33. In which of the following places do you think you could easily buy marijuana or hashish if you wanted to? Mark all that apply.

I don't know of any such place
$1 \square$ Street, park etc
¹ School
$_{1}$ Disco, bar etc
House of a dealer
Definition of the other of the other of the other of the other oth

34	 How much do you think PEOPLE RISK harmi Mark one box for each line. 	ng themselves	(physically or	in other way	vs), if they
	No risk	Slight risk	Moderate risk	Great risk	Don't know
a)	smoke cigarettes occasionally				
b)	smoke one or more packs of cigarettes per day \Box				
c)	have one or two drinks nearly every day \Box				
d)	have four or five drinks nearly every day \Box				
e)	have five or more drinks each weekend \Box				
f)	try marijuana or hashish (cannabis, pot,				

C)	have one of two drinks hearly every day	_				-
d)	5 5 5	_				
e)	have five or more drinks each weekend				\Box	
f)	try marijuana or hashish (cannabis, pot,	_	_	_	_	_
	grass) once or twice					
g)	smoke marijuana or hashish occasionally					
h)	smoke marijuana or hashish regularly					
i)	try LSD once or twice					
j)	take LSD regularly					
k)	try an amphetamine (uppers, pep pills,					
	bennie, speed) once or twice					
1)	take amphetamines regularly					
m)	try cocaine or crack once or twice					
n)	take cocaine or crack regularly					
0)	smoke crack once or twice					
p)	smoke crack regularly					
q)	try ecstasy once or twice					
r)	take ecstasy regularly					
s)	try GHB once or twice					
t)	take GHB regularly					
u)	try drugs by injection with a needle once					
	or twice					
v)	take drugs by injection with a needle					
	regularly					
x)	try inhalants (glue etc) once or twice					
y)	take inhalants (glue etc) regularly					
		1	2	3	4	5

35. How difficult do you think it would be for you to get each of the following, if you wanted? Mark one box for each line.

	Mark one box for each line.						
		Impossible	Very difficult	Fairly difficult	Fairly easy	Very easy	Don't know
a)	Cigarettes						
	Beer	_					
c)	Wine						
d)	Liquor						
	Marijuana or hashish (cannabis, pot, grass)	_					
	LSD or some other hallucinogen						
g)	Amphetamines (uppers, pep pills, bennies, speed)						
h)	Tranquillisers or sedatives						
i)	Crack						
j)	Cocaine						
k)	Ecstasy	_					
	Heroin (smack, horse)	_					
	"Magic mushrooms"	_					
	GHB	_					
	Inhalants (glue etc)	_					
	Anabolic steroids	_					
1 /		1	2	3	4	5	6

None

How many of your friends would you estimate Mark one box for each line. 36.

a)	smoke cigarettes
b)	drink alcoholic beverages (beer, wine, spirits)
c)	get drunk at least once a week
d)	smoke marijuana (pot, grass) or hashish
e)	take LSD or some other hallucinogen
f)	take amphetamines (uppers, pep pills, bennies, speed)
g)	take tranquillisers or sedatives (without a doctor's prescription)
h)	take cocaine or crack
i)	take ecstasy
j)	take heroin
k)	take inhalants (glue etc)
1)	take "magic mushrooms"
m)	take GHB
n)	take alcohol together with pills
0)	take anabolic steroids

A few	Some	Most	All
2	3	4	5

Have you ever had any of the following problems? Mark all that apply for each line. 37.

	11.5			Va	s for reasons
			Yes, because	Yes,	other than
		Never	of my alcohol use	because of my drug use	alcohol or drug use
a)	Quarrel or argument	🗆			
b)	Scuffle or fight	🗖			
c)	Accident or injury	🗆			
d)	Loss of money or other valuable items	🗖			
e)	Damage to objects or clothing you owned	🗖			
f)	Problems in your relationship with your parents	🗖			
g)	Problems in your relationship with your friends	🗖			
h)	Problems in your relationship with your teachers	🗖			
i)	Performed poorly at school or work	🗖			
j)	Victimized by robbery or theft	🗖			
k)	Trouble with police	🗖			
1)	Hospitalised or admitted to an emergency room	🗖			
m) Engaged in sexual intercourse you regretted the next day	🗖			
n)	Engaged in sexual intercourse without a condom	🗖			
		1	1	1	1

Do you think that heavy drinking influences the following problems? Mark one box for each line. 38.

	Wark one box for each fine.	Yes, con- siderably	Yes, quite a lot	Yes, to some extent	Yes, but only a little	No
a)	Traffic accidents					
b)	Other accidents					
c)	Violent crime					
d)	Family problems					
e)	Health problems					
f)	Relationship problems					
g)	Financial problems					
		1	2	3	4	5

Does any of your older siblings? Mark one box for each line. 39.

		Yes	No	Don't know	Don't have any older siblings
a)	smoke cigarettes	. 🗖			
	drink alcoholic beverages (beer, wine, spirits)	_			
c)	get drunk	. 🗖			
d)	smoke marijuana or hashish (pot, grass)	. 🗖			
e)	take tranquillisers or sedatives (without a doctor's prescription)	. 🗖			
f)	take ecstasy	. 🗖			
		1	2	3	4

The next questions ask about your parents. If mostly foster parents raised you, stepparents, or others answer for them. For example, if you have both a stepfather and a natural father, answer for the one that was the most important in raising you.

40. What is the highest level of schooling your father completed?

- ¹ Completed primary school or less
- $_2\square$ Some secondary school
- ³ Completed secondary school
- $_4\square$ Some college or university
- $_{5}\square$ Completed college or university
- $_{6}\square$ Don't know, or does not apply

41. What is the highest level of schooling your mother completed?

- Completed primary school or less
- $_2\square$ Some secondary school
- ³ Completed secondary school
- $_4\square$ Some college or university
- ⁵ Completed college or university
- ⁶ Don't know, or does not apply

42. How well off is your family compared to other families in your country?

- $_{1}$ Very much better off
- $_2$ Much better off
- ³ Better off
- $_4\square$ About the same
- ⁵ Less well off
- ⁶ Much less well off
- $_7 \square$ Very much less well off

43. Which of the following people live in the same household with you?

- Mark all that apply.
- $1 \bigsqcup$ I live alone
- ¹ Father
- ¹ Stepfather
- ¹ Mother
- ¹ Stepmother
- $1 \square$ Brother(s) and/or sister(s)
- ¹ Grandparent(s)
- 1 Other relative(s)
- 1 Non-relative(s)

44. How satisfied are you usually with.....

5 5			Neither satis-		
	Very satisfied	Satisfied	fied or not satisfied	Not so satisfied	Not at all satisfied
a) your relationship to your mother?					
b) your relationship to your father?					
c) your relationship to your friends?					
	1	2	3	4	5

45. Do your parents know where you spend Saturday nights?

- $1 \square$ Know always
- $_2$ Know quite often
- ³ Know sometimes
- ⁴ Usually don't know
- 46. If you have ever used marijuana or hashish, do you think that you would have said so in this questionnaire?
 - $_{1}$ I already said that I have used it
 - $_2\square$ Definitely yes
 - ³ Probably yes
 - ⁴ Probably not
 - ⁵ Definitely not

47. If you have ever used heroin, do you think that you would have said so in this questionnaire?

- $_{1}\square$ I already said that I have used it
- $_2\square$ Definitely yes
- ³ Probably yes
- ⁴ Probably not
- ⁵ Definitely not

The next section includes questions about your parents' thoughts about alcohol and drug use.

A1. If you wanted to smoke (or already do), do you think your father and mother would allow you to do so? Mark one box for each line.

	Would allow	Would not	Would not	
	(allows me)	(does not)	(does not)	
	to smoke	allow smoking	allow smoking	
		at home	at all	Don't know
a) Father				
b) Mother				
	1	2	3	4

Don't know

A2. What do you think your mother's reaction would be if you do the following things?

Mark one box for each line.					
	She	She	She	She	
	would not	would dis-	would	would	
	allow it	courage it	not mind	approve of it	
a) Get drunk					
b) Use marijuana/hashish					
c) Use ecstasy					
	1	2	3	4	

A3. What do you think your father's reaction would be if you do the following things? Mark one box for each line.

	He would not allow it	He would dis- courage it	He would not mind	He would approve of it	Don't know
a) Get drunk					
b) Use marijuana/hashish					
c) Use ecstasy					
· •	1	2	3	4	5

A4. How satisfied are you usually with

Mark one box for each line.

		Neither satisfied		
Very		or not	Not so	Not at all
satisfied	l Satisfied	satisfied	satisfied	satisfied
a) the financial situation of your family?				
b) your health?				
c) yourself?				
1	2	3	4	5

A5. How often do the following statements apply to you? Mark one box for each line.

		Almost	0.0	Some-	0.11	Almost
		always	Often	times	Seldom	never
a)	My parents set definite rules about what I can do at home	🗖				
b)	My parents set definite rules about what I can do outside the hor	me 🗖				
c)	My parents know whom I am with in the evenings					
d)	My parents know where I am in the evenings					
e)	I can easily get warmth and caring from my mother and/or fathe	er 🗖				
	I can easily get emotional support from my mother and/or father	_				
	I can easily borrow money from my mother and/or father					
h)	I can easily get money as a gift from my mother and/or father	🗖				
	I can easily get warmth and caring from my best friend					
	I can easily get emotional support from my best friend					
J)		1	2	3	4	5

A6/ How much money do you usually spend a week for your personal needs without your parents' control? B1.

..... National currency

The following questions are about yourself and things you might do.

B2.	What house work do you usually do at home?
	$_{1}\square$ I do shopping
	I take care of younger sisters/brothers
	$_{1}\square$ I take care of pets
	1 I cook
	$_{1}\square$ I clean the house/apartment
	I do laundry
	$_{1}\square$ I wash dishes
	$_{1}\square$ I work on the household plot of land (garden)
	$_{1}\square$ I take care of farm animals
	$\prod_{i=1}^{n}$ I care about elder family members
	$1 \square$ I take out the trash
	$_{1}\Box$ I don't usually do any house work

B3. How much TV or video do you estimate you watch on an average weekday?

- $1 \square$ None
- $_2\square$ Half-hour or less
- ³ About 1 hour
- ⁴ About 2 hours
- ⁵ About 3 hours
- 6 About 4 hours
- $_{7}$ 5 hours or more

How good do you think you are at schoolwork, compared to other people your age? B4.

- \Box Excellent, I am probably one of the very best
- $_2$ Well above average
- $_{3}\square$ Above average
- ⁴ Average
- ⁵ Below average
- ⁶ Well below average
- $_7\square$ Poor, I am probably one of the worst

The following section is about what you think of yourself.

Strongly disagree

> П

C1	. Below is a list of statements dealing with your general feelings Mark one box for each line to indicate if you agree or disagree.	about yourself.		
		Strongly		
		agree	Agree	Disagree
a)	On the whole, I am satisfied with myself			
b)	At times I think I am no good at all			
c)	I feel that I have a number of good qualities			
d)	I am able to do things as well as most other people			
e)	I feel I do not have much to be proud of			

C)	Theer Tub not have much to be produ of				
f)	I certainly feel useless at times				
g)	I feel that I'm a person of worth, at least on an equal plane with others				
h)	I wish I could have more respect for myself				
i)	All in all, I am inclined to feel that I am a failure				
j)	I take a positive attitude toward myself				
		1	2	3	4

During the LAST 7 DAYS, how often C2. Mark one box for each line.

		Rarely or never	Some- times	Several times	Most of the times
a)	have you lost your appetite, you did not want to eat				
b)	have you had difficulty in concentrating on what you want to do	🗖			
c)	have you felt depressed	🗖			
d)	have you felt that you had to put great effort and pressure to do the things				
	you had to do	🗖			
e)	have you felt sad	🗖			
f)	couldn't you do your work (at home, at work, at school)	🗖			
		1	2	3	4

C3. How much do you agree or disagree with the following statements? Mark one box for each line.

		Totally agree	Rather agree	Don't know	Rather disagree	Totally disagree
a)	You can break most rules if they don't seem to apply	🗖				
b)	I follow whatever rules I want to follow	🗖				
c)	In fact there are very few rules absolute in life	🗖				
d)	It is difficult to trust anything, because everything changes	🗖				
e)	In fact nobody knows what is expected of him/her in life	🗖				
f)	You can never be certain of anything in life	🗖				
		1	2	3	4	5

The following questions concern behaviours, which may be against some social rules or the law. We hope that you will answer all the questions. Nevertheless, if you come across a question, which you cannot answer honestly, we prefer that you leave it unanswered. Remember that your answers are anonymous.

C4. During the LAST 12 MONTHS, how often have you Mark one box for each line.

	Number of occasio 0	ns 1-2	3-5	6-9	10-19	20-39	40 or more
a)	hit one of your teachers						
b)	gotten mixed into a fight at school or at work. \Box						
c)	taken part in a fight where a group of your friends were against another group						
d)	hurt somebody badly enough to need bandages or a doctor						
e)	used any kind of weapon to get something from a person						
f)	taken something not belonging to you, worth over (the equivalent of) 10						
g)	taken something from a shop without paying for it						
h)	set fire to somebody else's property on purpose						
i)	damaged school property on purpose						
j)	gotten into trouble with the police for some- thing you did	2	3	4	5	6	7
C	5. Has any of the following ever happened to you? Mark one box for each line.		Not	Orac	Twice	3-4 times	5 or more

		at all	Onec	IWICC	times	times
a)	Run away from home for more than one day	🗖				
b)	Thought of harming yourself	🗖				
c)	Attempted suicide	🗖				
ĺ.	1	1	2	3	4	5

The following questions concern behaviours, which may be against some social rules or the law. We hope that you will answer all the questions. Nevertheless, if you come across a question, which you cannot answer honestly, we prefer that you leave it unanswered. Remember that your answers are anonymous.

D1. During the LAST 12 MONTHS, how often have you Mark one box for each line.

	Number of occ	asions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a)	participated in a group teasing an individual \Box						
b)	participated in a group bruising an individual.						
c)	participated in a group starting a fight with						
	another group						
d)	started a fight with another individual						
e)	stolen something worth (give a rounded						
	sum approx equivalent to 2-3 movie theatre						
	tickets)						
f)	broken into a place to steal						
g)	damaged public or private property on						
	purpose						
h)	sold stolen goods	2	3		5	6	

D2. During the LAST 12 MONTHS, how often have you

	Mark one box for each line.		·					
	Numbe	er of occas	ions 1-2	3-5	6-9	10-19	20-39	40 or more
a)	been individually teased by a whole group	_	12			10 1)	20 37	
	of people	🗖						
b)	been bruised by a whole group of people	🗖						
c)	been in a group that was attacked by another							
	group							
d)	had someone start a fight with you	_	_	_	_	_	_	_
	individually	🖵						
e)	had something worth (give a rounded sum							
	approx equivalent to 2-3 movie theatre		_	_	_	_	_	_
	tickets) stolen from you	🗖						
f)	had someone break into your home to steal							
	something	🗖						
g)	had someone damage your belongings on							
	purpose	🗖						
h)	bought stolen goods		2	3		5	6	

The last section of the questionnaire includes some questions about alcohol and moist snuff.

01. Now think back over the LAST 30 DAYS. On how many occasions (if any) have you had any home made or smuggled alcohol to drink?

Mark one box for each line.							
	Number of occas	sions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a) Home made beer							
b) Home made wine							
c) Home made spirits							
d) Smuggled beer							
e) Smuggled wine							
f) Smuggled spirits							
	1	2	3	4	5	6	/

02. On how many occasions (if any) have you used moist snuff?

Mark one box for each line.

Mark one box for each line.							
	Number of occa	sions					
	0	1-2	3-5	6-9	10-19	20-39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days							
	1	2	3	4	5	6	7

O3. How much moist snuff have you used during the LAST 30 DAYS?

- 1 None at all
- $_{2}\square$ Less than 1 box per week
- $_{3}\square$ 1 box per week
- $_4\square$ 2 boxes per week
- $_{5}$ 3 boxes per week
- $_6\Box$ 4 or more boxes per week