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The European School Survey Project on Alcohol and Other Drugs

**Final version** 

January 9, 2007

# Student questionnaire

#### Before you start, please read this

This questionnaire is part of an international study on alcohol, drugs and tobacco use among students your age. The survey is performed this year in more than 35 European countries. The project is done in cooperation with the Pompidou Group at the Council of Europe. This is the fourth study. The first one was done in 1995, the second in 1999 and the third in 2003.

In your country the survey is done by ...... The results will be presented in a national report as well as in an international comparison of the results from all participating countries. The report will not include any results of single classes and schools.

Your class has been randomly selected to take part in this study. You are one out of about 2.800 students in ...... participating in the study.

This is an anonymous questionnaire – it does not include your name or any other information, which would identify you individually. When you have finished the questionnaire, please put it in the enclosed envelope and seal it yourself. Do not write your name on that either. Your teacher/survey administrator will collect the envelopes after completion.

If the study is to be successful, it is important that you answer each question as thoughtfully and frankly as possible. Remember your answers are totally anonymous.

The study is completely voluntary. If there is any question, which you would find objectionable for any reason, just leave it blank.

This is not a test. There are no right or wrong answers. If you do not find an answer that fits exactly, mark the one that comes closest. Please, mark the appropriate answer to each question by making an "X" in the box.

We hope you will find the questionnaire interesting. If you have a question, please raise your hand and your teacher/survey administrator will assist you.

Thank you in advance for your participation.

	Before beginning be sure to read t Please mark your answer to each question by			iate box.	
	The first questions ask for some background inform you might		self and the k	inds of things	i
1	What is your sex? 1 Male 2 Female				
2	When were you born?				
	(Mark C	)1 for January, 02 for d 12 for December)	February		
3	How often (if at all) do you do each of the follo Mark one box for each line. Neve a) Play computer games	A few times	Once or twice a month	At least once a week	Almost every day
	<ul> <li>b) Actively participate in sports, athletics or exercising L</li> <li>c) Read books for enjoyment (do not count schoolbooks)</li> <li>d) Go out in the evening (to a disco, cafe, party etc)</li> <li>e) Other hobbies (play an instrument, sing, draw, write)</li> </ul>				
	<ul> <li>f) Go around with friends to shopping centres, streets, parks etc just for fun</li> </ul>				
	<ul> <li>g) Use the Internet for leisure activities (chats, looking for music, playing games etc)</li> </ul>				
	h) Play on slot machines (the kind in which you may win money)				5
4	During the LAST 30 DAYS on how many days	have you missed	d one or mo	re lessons?	
	None       1 day         a) Because of illness       Image: Comparison of the com	y 2 days	3–4 days	5–6 days	7 days or more
5	Which of the following best describes your average         1       A $(93-100)$ 2       A- $(90-92)$ 3       B+ $(87-89)$ 4       B $(83-86)$ 5       B- $(80-82)$ 6       C+ $(77-79)$	erage grade at tl	ne end of the	e last term?	

- 7 C (73–76)
- 8 C- (70-72)

The next major section of this questionnaire deals with cigarettes, alcohol and various other drugs. There is a lot of talk these days about these subjects, but very little accurate information. Therefore, we still have a lot to learn about the actual experiences and attitudes of people your age.

₀ □ 11–20 cigarettes per day

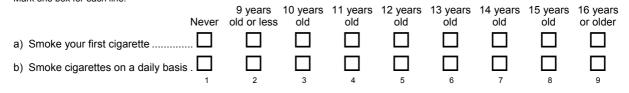
6

7

8

7 More than 20 cigarettes per day

**9** When (if ever) did you FIRST do each of the following things? Mark one box for each line.



# The next questions are about ALCOHOLIC BEVERAGES – including beer, cider, alcopops (premixed drinks), wine and spirits.

# 10 How difficult do you think it would be for you to get each of the following, if you wanted?

	Impossible	Very difficult	Fairly difficult	Fairly easy	Very easy	Don'i know
a) Beer (do not include alcohol free or low				,	,	
alcohol beer)						
b) Cider (do not include low alcohol cider)*						
c) Alcopops (premixed drinks with an alcohol						
content of about 5%)*						
d) Wine						
e) Spirits (whisky, cognac, shot drinks etc), (also include	)					
spirits mixed with soft drinks, excluding alcopops)						
* Optional	1	2	3	4	5	6

#### **11** On how many occasions (if any) have you had any alcoholic beverage to drink? Mark one box for each line.

	Number of occa	sions					
	0	1–2	3–5	6–9	10–19	20–39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days		$\square$			5		
		-	0	-	Ū	Ū	

# **12** Think back over the LAST 30 DAYS. On how many occasions (if any) have you had any of the following to drink?

Mark one box for each line.	Number of occa	sions					
a) Beer (do not include alcohol free or le	0	1–2	3–5	6–9	10–19	20–39	40 or more
		_	_	_	_	_	_
alcohol beer)							
b) Cider (do not include low alcohol cide	er)* 🗖						
c) Alcopops (premixed drinks with an al	cohol						
content of about 5%)*							
d) Wine							
e) Spirits (whisky, cognac, shot drinks e	etc)						
(also include spirits mixed with soft							
drinks, excluding alcopops)							
* Optional	1	2	3	4	5	6	1

#### The following questions are about the last day you drank alcohol.

#### **13** When was the last day you drank alcohol?

- 1 I never drink alcohol
- 2 1–7 days ago
- 3 8–14 days ago
- 4 15–30 days ago
- 5 1 month 1 year ago
- 6 More than 1 year ago

14 Think of the LAST DAY that you drank any a drink on that day? Mark all that apply.	alcohol. Which of the following beverages did you
$1 \square$ I never drink alcohol	
1 Beer (do not include alcohol free or low alcohol beer	
$1 \square$ Cider (do not include low alcohol cider)*	,
	fobult 59/ )*
Alcopops (premixed drinks with an alcohol content of	
	bottles and cans in Q14a–14e only are possible examples. earcher to describe the cls in each category in glasses, s/her country.
14a If you drank beer that last day you drank any alcohol, how much did you drink? (Do not include alcohol free or low alcohol beer.)	14d If you drank wine that last day you drank any
1 U I never drink beer	alcohol, how much did you drink?
2 I did not drink beer on the last day that I drank alcohol	1 I never drink wine
$_{3}\Box$ Less than a regular bottle or can (<50 cl)	2 I did not drink wine on the last day that I drank alcohol
₄ ☐ 1–2 regular bottles or cans (50–100 cl)	₃☐ Less than 2 glasses (<20 cl)
₅	$_4$ 2–3 glasses or half a bottle (20–40 cl)
6 More than 4 regular bottles or cans (>200 cl)	5 4–6 glasses (41–74 cl)
Optional	$_{6}$ More than 6 glasses (a bottle or more) ( $\geq$ 75 cl)
<ul> <li>14b If you drank cider that last day you drank any alcohol, how much did you drink? (Do not include alcohol free or low alcohol cider.)</li> <li>1 ☐ I never drink cider</li> <li>2 ☐ I did not drink cider on the last day that I</li> </ul>	<ul> <li>14e If you drank spirits that last day you drank any alcohol, how much did you drink?</li> <li>1 I never drink spirits</li> <li>2 I did not drink spirits on the last day that I drank alcohol</li> </ul>
drank alcohol	₃☐ Less than 2 drinks (<7 cl)
3 └ Less than a regular bottle or can (<50 cl)	4 2–3 drinks (8–15 cl)
4 🛄 1–2 regular bottles or cans (50–100 cl)	5 4–6 drinks (16–24 cl)
5	6  More than 6 drinks (≥25 cl)
Optional	14f Please indicate on this scale from 1 to 10 how drunk you would say you were that last day you drank alcohol. (If you felt no effect at all you should mark "1".)
<ul> <li>14c If you drank alcopops (premixed drinks with an alcohol content of about 5%) that last day you drank any alcohol, how much did you drink?</li> <li>1 ☐ I never drink alcopops</li> <li>2 ☐ I did not drink alcopops on the last day that I drank alcohol</li> </ul>	Not at all 1 2 3 4 5 6 7 8 9 10 1 2 3 4 5 6 7 8 9 10 1 1 never drink alcohol
3 Less than 2 regular bottles (<50 cl)	
₄	
₅ 4–6 regular bottles (101–200 cl)	
6 7 or more regular bottles (>200 cl)	

#### The next questions are about alcohol consumption during the last 30 days.

**15** Think back over the LAST 30 DAYS. On how many occasions (if any) have you bought beer, cider, alcopops, wine or spirits in a store (grocery store, liquor store, kiosk or petrol station) for your own consumption (off-premise)?

Mark one box for each line.

	Number of c	occasions				
	0	1–2	3–5	6–9	10–19	20 or more
a) Beer (do not include alcohol free or low alcohol bee	er)					
b) Cider (do not include low alcohol cider)*						
c) Alcopops (premixed drinks with an alcohol content						
of about 5%)*						
d) Wine						
e) Spirits (whisky, cognac, shot drinks etc) (also includ	le					
spirits mixed with soft drinks, excluding alcopops) .						
* Optional	1	2	3	4	5	6

**16** Think back once more over the LAST 30 DAYS. On how many occasions (if any) have you drunk beer, cider, alcopops, wine or spirits in a pub, bar, restaurant or disco (on-premise)? Mark one box for each line.

	Number of c	occasions				
	0	1–2	3–5	6–9	10–19	20 or more
a) Beer (do not include alcohol free or low alcohol bee	r)					
b) Cider (do not include low alcohol cider)*						
c) Alcopops (premixed drinks with an alcohol content						
of about 5%)*						
d) Wine						
e) Spirits (whisky, cognac, shot drinks etc) (also includ	le					
spirits mixed with soft drinks, excluding alcopops)		2	3		5	
* Optional	1	2	3	4	5	6

17 Think back again over the LAST 30 DAYS. How many times (if any) have you had five or more drinks on one occasion? (A "drink" is a glass/bottle/can of beer (ca 50 cl), a glass/bottle/can of cider (ca 50 cl), 2 glasses/bottles of alcopops (ca 50 cl), a glass of wine (ca 15 cl), a glass of spirits (ca 5 cl) or a mixed drink).

1 None	
$2 \square 1$ $3 \square 2$ $4 \square 3 = 5$	Please observe that glasses, bottles and cans only are possible examples. In the end it is up to each researcher to describe the cls in each category in glasses, bottles or cans suitable for his/her country.
$4 \square 3-5$ $5 \square 6-9$ $6 \square 10 \text{ or more tim}$	les

#### The next couple of questions are also about alcohol.

**18** On how many occasions (if any) have you been intoxicated from drinking alcoholic beverages, for example staggered when walking, not being able to speak properly, throwing up or not remembering what happened? Mark one box for each line.

	Number of occa	asions					
	0	1–2	3–5	6–9	10–19	20–39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days	_						
, c	1	2	3	4	5	6	7

#### **19** When (if ever) did you FIRST do each of the following things? Mark one box for each line.

wark one box for each nite.	Never	9 years old or less	10 years old	11 years old	12 years old	13 years old	14 years old	15 years old	16 years or older
a) Drink beer (at least one glass)									
b) Drink cider (at least one glass)*									
c) Drink alcopops (at least one glass)	*								
d) Drink wine (at least one glass)									
e) Drink spirits (at least one glass)									
f) Get drunk on alcohol									
* Optional	1	2	3	4	5	6	7	8	9

# **20** How likely is it that each of the following things would happen to you personally, if you drink alcohol?

Mark one box for each line.

	Very				Very
	likely	Likely	Unsure	Unlikely	unlikely
a) Feel relaxed					
b) Get into trouble with police					
c) Harm my health					
d) Feel happy					
e) Forget my problems					
f) Not be able to stop drinking					
g) Get a hangover					
h) Feel more friendly and outgoing					
i) Do something I would regret					
j) Have a lot of fun					
k) Feel sick					
	1	2	3	4	5

# **21** BECAUSE OF YOUR OWN ALCOHOL USE, how often during the LAST 12 MONTHS have you experienced the following?

Mark one box for each line.

Number of occasions								
0	1–2	3–5	6–9	10–19	20–39	40 or more		
a) Physical fight								
b) Accident or injury								
c) Serious problems with your parents								
d) Serious problems with your friends								
e) Performed poorly at school or work								
f) Victimized by robbery or theft								
g) Trouble with police								
h) Hospitalised or admitted to an emergency room								
i) Engaged in sexual intercourse without a condom								
j) Engaged in sexual intercourse you regretted the next day $\square$								
1	2	3	4	5	6	7		

Tranquillisers and sedatives, like .... (give examples that are appropriate) are sometimes prescribed by doctors to help people to calm down, get to sleep or to relax. Pharmacies are not supposed to sell them without a prescription.

22	Have you ever taken tranquillisers or sedatives because <u>a doctor</u> told you to take them? 1 No, never 2 Yes, but for less than 3 weeks 3 Yes, for 3 weeks or more
	The next questions ask about marihuana or hashish (cannabis).
23	How difficult do you think it would be for you to get marihuana or hashish (cannabis) if you wanted? 1 Impossible 2 Very difficult 3 Fairly difficult 4 Fairly easy 5 Very easy 6 Don't know
24	On how many occasions (if any) have you used marihuana or hashish (cannabis)?  Mark one box for each line.  Number of occasions 0 1-2 3-5 6-9 10-19 20-39 40 or more a) In your lifetime a) In your lifetime b) During the last 12 months 1 2 3 4 5 6 7
25	When (if ever) did you FIRST try marihuana or hashish (cannabis)? 1 Never 2 9 years old or less 3 10 years old 4 11 years old 5 12 years old 6 13 years old 7 14 years old 8 15 years old 9 16 years or older
26	Have you ever had the possibility to try marihuana or hashish (cannabis) without trying it? $1 \square No$ $2 \square Yes$ How many times has this happened in your life? $1 \square 1-2$ $2 \square 3-5$ $3 \square 6-9$ $4 \square 10-19$ $5 \square 20-39$ $6 \square 40 \text{ or more}$

~_					£ 41 - 5 -				
27	<ul> <li>How difficult do you think it we Mark one box for each line.</li> <li>a) Amphetamines (uppers, pep pills, ben b) Tranquillisers or sedatives</li> <li>c) Ecstasy</li> <li>d) Inhalants (glue and other national example)</li> </ul>	nies, speed)	Impossible		Fairl	y F	airly asy ] ] 4	Very easy	Don't know
28	On how many occasions (if an Mark one box for each line. a) In your lifetime b) During the last 12 months c) During the last 30 days	Number of occ 0 		3-5	6-9	10 [ [ [	19 2 	20–39	40 or more
29	<ul> <li>On how many occasions (if an Mark one box for each line.</li> <li>a) In your lifetime</li> <li>b) During the last 12 months</li> <li>c) During the last 30 days</li> </ul>	Number of occ 0 		3–5	(glue, et 6–9 □ □ 4	, -	-		40 or more
30	<ul> <li>On how many occasions in yo Mark one box for each line.</li> <li>a) Tranquillisers or sedatives (without a prescription)</li></ul>	Nur doctor's	mber of occas 0 	-	used an 3–5	e-9	e follow 10–19	ring dru 20–39 	•
	<ul> <li>cocaine, amphetamine)</li> <li>I) Alcohol together with pills (medicame to get high</li> <li>m) Optional drug*</li> <li>* Optional</li> </ul>	ents) in order							

The next questions ask about some other drugs.

#### 31 When (if ever) did you FIRST do each of the following things?

Mark one box for each line.

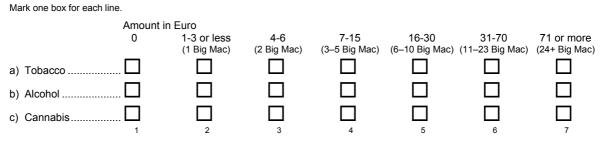
		Never	9 years old or less	10 years old	11 years old	12 years old	13 years old	14 years old	15 years old	16 years or older
a)	Try amphetamines	🗖								
b)	Try tranquillisers or sedatives									
	(without a doctor's prescription)	🗖								
c)	Try ecstasy									
d)	Try inhalants (glue, etc) in order									
	to get high									
e)	Try alcohol together with pills									
	(medicaments) in order to get hig	h 🗖	2	3	4	5	6	7	8	9

### 32 BECAUSE OF YOUR OWN DRUG USE (for example cannabis, ecstasy or amphetamines), how often during the LAST 12 MONTHS have you experienced the following? Mark all that apply for each line.

Nu	mber of occa	asions					
	0	1–2	3–5	6–9	10–19	20–39	40 or more
a) Physical fight							
b) Accident or injury							
c) Serious problems with your parents							
d) Serious problems with your friends							
e) Performed poorly at school or work							
f) Victimized by robbery or theft							
g) Trouble with police							
<ul> <li>h) Hospitalised or admitted to an emergency room</li> </ul>							
<ul> <li>i) Engaged in sexual intercourse without a condom</li> </ul>							
j) Engaged in sexual intercourse you regretted the							
next day							
-	1	2	3	4	5	6	7

#### The next questions ask about different substances.

# **33** Think back of the LAST 30 DAYS. How much money have you spent on tobacco, alcohol and cannabis?



**34** How many of your friends would you estimate ... Mark one box for each line.

	None	A few	Some	Most	All
a) smoke cigarettes					
b) drink alcoholic beverages (beer, cider, alcopops, wine, spirits	)				
c) get drunk					
d) smoke marihuana or hashish (cannabis)					
e) take tranquillisers or sedatives (without a doctor's prescription	n)				
f) take ecstasy					
g) use inhalants					
	1	2	3	4	5

# **35** Do any of your older siblings ... Mark one box for each line.

	Yes	No	Don't know	any older siblings
a) smoke cigarettes				
b) drink alcoholic beverages (beer, cider, alcopops, wine, spirits)				
c) get drunk				
d) smoke marihuana or hashish (cannabis)				
e) take tranquillisers or sedatives (without a doctor's prescription)				
f) take ecstasy				
g) use inhalants				
	1	2	3	4

Don't have

## 36 How much do you think PEOPLE RISK harming themselves (physically or in other ways), if they ... Mark one box for each line.

	No risk	Slight risk	Moderate risk	Great risk	Don't know
a) smoke cigarettes occasionally					
b) smoke one or more packs of cigarettes per day					
c) have one or two drinks nearly every day					
d) have four or five drinks nearly every day					
e) have five or more drinks each weekend					
f) try marihuana or hashish (cannabis) once or twice					
g) smoke marihuana or hashish (cannabis) occasionally					
h) smoke marihuana or hashish (cannabis) regularly					
i) try ecstasy once or twice					
j) take ecstasy regularly					
k) try an amphetamine (uppers, pep pills, bennie, speed) onc	e or twice.				
I) take amphetamines regularly					
	1	2	3	4	5

The next questions ask about your parents. If mostly foster parents, step-parents or others brought you
up answer for them. For example, if you have both a stepfather and a natural father, answer for the one
that is the most important in bringing you up.

37	What is the highest level of schooling your father completed?
•	1 Completed primary school or less
	<sup>2</sup> Some secondary school
	3 Completed secondary school
	4 Some college or university
	5 Completed college or university
	6 Don't know
	7 Does not apply
38	What is the highest level of schooling your mother completed?
	1 Completed primary school or less
	2 Some secondary school
	3 Completed secondary school
	<sup>4</sup> Some college or university
	5 Completed college or university
	6 Don't know
	7 Does not apply
39	How well off is your family compared to other families in your country?
•••	1 Very much better off
	2 Much better off
	3 Better off
	4 About the same
	5 Less well off
	6 Much less well off
	7 Very much less well off

40 Which of the following people live in the same household with you?



1 Non-relative(s)

#### How satisfied are you usually with ... 41

	Neither satis-					
	Very satisfied	Satisfied	fied nor not satisfied	Not so satisfied	Not at all satisfied	no such person
a) your relationship to your mother?						
b) your relationship to your father?						
c) your relationship to your friends?						
	1	2	3	4	5	6

42	How often do the following statements apply to you? Mark one box for each line.	(A5 in 2003)			
		Almost always	Often	Some- times	
	a) My parent(s) set definite rules about what I can do at home	🗖			
	b) My parent(s) set definite rules about what I can do outside the home	🗖			
	c) My parent(s) know whom I am with in the evenings				
	d) My parent(s) know where I am in the evenings				
	e) I can easily get warmth and caring from my mother and/or father				
	f) I can easily get emotional support from my mother and/or father				
	g) I can easily borrow money from my mother and/or father	🗖			
	h) I can easily get money as a gift from my mother and/or father	🗖			
	i) I can easily get warmth and caring from my best friend	🗖			
	j) I can easily get emotional support from my best friend	🗖	2	3	

43 Do your parents know where you spend Saturday nights?

- 1 Know always
- 2 Know quite often
- 3 Know sometimes
- 4 Usually don't know

#### 44 If you have ever used marihuana or hashish (cannabis), do you think that you would have said so in this questionnaire?

- 1 I already said that I have used it
- 2 Definitely yes
- 3 Probably yes
- 4 Probably not
- 5 Definitely not

The next section includes questions about your parents' thoughts about alcohol and drug use.

#### If you wanted to smoke (or already do), do you think your father and mother would allow you to A1 do so?

Mark one box for each line. Would allow Would not Would not (allows me) (does not) (does not) allow smoking allow smoking to smoke Don't at home at all know  $\Box$ a) Father..... b) Mother..... 1

Almost

never

 $\Box$ 

П 

П

Seldom

П

П

#### A2 What do you think your mother's reaction would be if you do the following things?

Mark one box for each line. She She She She would not would diswould would Don't allow it courage it not mind approve of it know LÌ a) Get drunk ..... П П b) Use marihuana/hashish ..... c) Use ecstasy..... 1

#### **A3** What do you think your father's reaction would be if you do the following things?

Mark one box for each line.					
	He would not allow it	He would dis- courage it	He would not mind	He would approve of it	Don't know
a) Get drunk					
b) Use marihuana/hashish					
c) Use ecstasy					
	1	2	3	4	5

#### **A4** How satisfied are you usually with ...

Mark one box for each line

Very satisfied	Satisfied	satisfied or not satisfied	Not so satisfied	Not at all satisfied
a) the financial situation of your family?				
b) your health?				
c) yourself?				
1	2	3	4	5

Neither

# A5 How much money do you usually spend a week for your personal needs without your parents' control?

National currency

The following section is about what you think of yourself.

#### B1 Below is a list of statements dealing with your general feelings about yourself. Mark one box for each line to indicate if you agree or disagree.

	Strongly			Strongly
	agree	Agree	Disagree	disagree
a) On the whole, I am satisfied with myself				
b) At times I think I am no good at all				
c) I feel that I have a number of good qualities				
d) I am able to do things as well as most other people				
e) I feel I do not have much to be proud of				
f) I certainly feel useless at times				
g) I feel that I'm a person of worth, at least on an equal plane with others				
h) I wish I could have more respect for myself				
i) All in all, I am inclined to feel that I am a failure				
j) I take a positive attitude toward myself				
	1	2	3	4

#### B2 During the LAST 7 DAYS, how often ..... Mark one box for each line

a) have you lost your appetite, you did not want to eat	Rarely or never	Some- times	Several times	Most of the times
b) have you had difficulty in concentrating on what you want to do	Ц			
c) have you felt depressed				
d) have you felt that you had to put great effort and pressure to do the		_	_	
things you had to do				
e) have you felt sad				
f) couldn't you do your work (at home, at work, at school)				
	1	2	3	4

# **B3** How much do you agree or disagree with the following statements? Mark one box for each line.

	Totally agree	Rather agree	Don't know	Rather disagree	Totally disagree
a) You can break most rules if they don't seen	n to apply				
b) I follow whatever rules I want to follow					
c) In fact there are very few rules absolute in I	ife				
d) It is difficult to trust anything, because ever	/thing changes				
e) In fact nobody knows what is expected of h	im/her in life				
f) You can never be certain of anything in life					
	1	2	3	4	5

#### The following questions concern behaviours, which may be against some social rules or the law. We hope that you will answer all the questions. Nevertheless, if you come across a question, which you cannot answer honestly, we prefer that you leave it unanswered. Remember that your answers are anonymous.

# **B4** During the LAST 12 MONTHS, how often have you ...

Mark one box for each line.

Mark one box for each line. Number of occ	asions					
0	1–2	3–5	6–9	10–19	20–39	40 or more
a) hit one of your teachers						
b) got mixed into a fight at school or at work $\Box$						
c) taken part in a fight where a group of your	_	_	_	_	_	_
friends were against another group						
d) hurt somebody badly enough to need	_	_	_	_	_	_
bandages or a doctor						
e) used any kind of weapon to get something	_	_	_	_	_	_
from a person						
f) taken something not belonging to you,	_	_	_	_	_	_
worth over (the equivalent of) \$ 10						
g) taken something from a shop without	_	_	_	_	_	_
paying for it						
h) set fire to somebody else's property on	_	_	_	_	_	_
purpose						
i) damaged school property on purpose						
j) got into trouble with the police for some-	_	_	_	_	_	_
thing you did	2	3		5		

# B5 Has any of the following ever happened to you? Mark one box for each line.

**C2** 

Mark one box for each line.	Not at all	Once	Twice	3–4 times	5 or more times
a) Run away from home for more than one day					
b) Thought of harming yourself					
c) Attempted suicide					5
	I	2	3	4	5

The following questions concern behaviours, which may be against some social rules or the law. We hope that you will answer all the questions. Nevertheless, if you come across a question, which you cannot answer honestly, we prefer that you leave it unanswered. Remember that your answers are anonymous.

#### During the LAST 12 MONTHS, how often have you ... Mark one box for each line. **C1**

	Number of occa 0 participated in a group teasing an individual.	asions 1–2	3–5	6–9	10–19	20–39	40 or more
c)	another group						
	started a fight with another individual stolen something worth (give a rounded sum approx equivalent to 2–3 movie						
f)	theatre tickets)						
g)	damaged public or private property on purpose						
	1	2	3	4	5	6	7
	uring the LAST 12 MONTHS, how often	have you					
IVIč	ark one box for each line.	asions					
	Number of occa 0	asions 1–2	3–5	6–9	10–19	20–39	40 or more
	Number of occa 0 been individually teased by a whole group		3–5	6–9	10–19	20–39	40 or more
a)	Number of occa 0		3–5	6–9	10–19	20–39	40 or more
a) b) c)	Number of occa o been individually teased by a whole group of people been bruised by a whole group of people been in a group that was attacked by another group		3-5		10–19	20–39	40 or more
a) b) c) d)	Number of occa         0         been individually teased by a whole group         of people         been bruised by a whole group of people         been in a group that was attacked by         another group         had someone start a fight with you         individually					20–39	40 or more
a) b) c) d)	Number of occa         0         been individually teased by a whole group         of people         been bruised by a whole group of people         been in a group that was attacked by         another group         had someone start a fight with you         individually         had something worth (give a rounded sum					20–39	40 or more
a) b) c) d)	Number of occa         0         been individually teased by a whole group         of people         been bruised by a whole group of people         been in a group that was attacked by         another group         had someone start a fight with you         individually					20–39	40 or more
a) b) c) d)	Number of occa         0         been individually teased by a whole group         of people         been bruised by a whole group of people         been in a group that was attacked by         another group         had someone start a fight with you         individually         had something worth (give a rounded sum         approx equivalent to 2–3 movie theatre						40 or more
a) b) c) d) e)	Number of occa         0         been individually teased by a whole group         of people         been bruised by a whole group of people         been in a group that was attacked by         another group         had someone start a fight with you         individually         had something worth (give a rounded sum         approx equivalent to 2–3 movie theatre         tickets) stolen from you         had someone break into your home to steal         something						40 or more

D1	Have you us	sed	cannabis during the LAST 12 MONT	HS?				
	2 Yes→		as the following happened to you du	ring the L	AST 12	MONTHS?		
			rk one box for each line.	Never	Rarely	From time to time	Fairly often	Very often
		a)	Have you ever smoked cannabis before midday?					
		b)	Have you ever smoked cannabis when you were alone?					
		c)	Have you ever had memory problems when you smoke cannabis?					
		d)	Have friends or members of your family ever told you that you ought to reduce or stop your cannabis use?					
		e)	Have you ever tried to reduce or stop your cannabis use without succeeding?	_				
		f)	Have you ever had problems because of your use of cannabis (argument, fight, accident,					
			bad result at school, etc)? Which:	1	2			5

**D2** Are you part of a clique of friends, where using cannabis is part of your behaviour when you meet?

1 <b>No</b>	
2 Yes>	How often per month do you meet with members of this clique?
	1 (Almost) daily
	2 3–4 times a week
	₃ ☐ 1–2 times a week
	₄
	5 Less than once a month

The next questions ask once more about cannabis.

O1 In which of the following places do you think you could easily buy marihuana or ha (cannabis) if you wanted to?					
	Mark all that apply.	(Q33 in 2003)			
	1 I don't know of any such place				
	1 Street, park etc				
	1 School				
	1 Disco, bar etc				
	1 House of a dealer				
	1 Via the Internet				
	1 Coffee shop*				
	1 Other(s), please specify				

\* Optional

# O2 How likely is it that each of the following would happen to you if you use marihuana or hashish (cannabis)? Mark one box for each line.

	Not at all	Unlikely	Maybe	Quite likely	Definitely			
a) I perceive things more intensely								
b) I can no longer follow a conversation prop	erly							
c) I loose thread more quickly								
d) I am not so shy								
e) I have difficulty concentrating								
f) I am more outgoing								
g) I can enjoy the moment more intensely								
h) I experience feelings more intensely								
i) I am less inhibited								
j) I may feel people are against me or persec	cuting me 1	2	3	4	5			
We want to find out how people begin to take illegal drugs. We want you to think back to the very first occasion (if any) on which you took any of them and tell us about it. (Let us say again that any information you choose to give us about this will be strictly confidential/anonymous. Your name is not on this questionnaire and nobody can find it out).								

# O3 If you have ever used any illegal drug like marihuana or hashish (cannabis), ecstasy or amphetamines, how did you get it? (Q31 in 2003) Mark all that apply. (Q31 in 2003)

	1	I have never used any illegal drug like marihuana or hashish (cannabis), ecstasy or amphetamines.
	1	Given to me by an older brother or sister
	1	Given to me by a friend, a boy or a girl, older than me
	1	Given to me by a friend my own age or younger
	1	Given to me by someone I have heard about but did not know personally
	1	Given to me by a stranger
	1	It was shared around a group of friends
		Bought from a friend
		Bought from someone I have heard about but did not know personally
	1	Bought from a stranger
	1	Given to me by one of my parents
	1	Took it at home without my parents permission
	1	None of these (please describe briefly how you did get it)
04	<b>Wh</b> ark	at was (what were) the reason(s) for you to try this drug? (Q32 in 2003) all that apply.
	1	I have never used any illegal drug like marihuana or hashish (cannabis), amphetamines or ecstasy
	1	I wanted to feel high
	1	I did not want to stand out from the group
	1	I had nothing to do
	1	I was curious
	1	I wanted to forget my problems
	1	Other reason(s), please specify
	1	Don't remember

#### This section of the questionnaire includes some questions about alcohol and moist snuff.

# O5 Think back over the LAST 30 DAYS. On how many days have you had any alcohol such as beer, cider, alcopops, wine or spirits to drink?

- 1 Never during the last 30 days
- $_{2}$  1 day during the last 30 days
- $_{3}$  2 days during the last 30 days
- 4 3 days during the last 30 days
- 5 1 day a week
- 6 2 days a week
- 7 3–4 days a week
- 8 Every day or nearly every day during the last 30 days

On a typical day during the LAST 30 DAYS when you drank alcohol such as beer, cider, alcopops, wine or spirits, how many drinks did you have? (A "drink" is approximately a glass/bottle/can of beer (25–33 cl), a glass/bottle/can of cider (25–33 cl), a bottle of alcopops (27 cl), a glass of wine (10–12.5 cl) or a glass of spirits (4 cl)).

`—	<i>,,</i> 0	
1	I never drink alco	phol
2	I have not been o	drinking alcohol during the last 30 days
3	1 drink	
4	2 drinks	
5	3 drinks	
6	4 drinks	Please observe that glasses, bottles and cans only are possible examples. In the end it is up to each researcher to describe the cls in each category in glasses, bottles or
7	5 drinks	cans suitable for his/her country.
8	6 drinks	
9	7 drinks	
10	8 drinks	
11	9 drinks	
12	10 or more drink	s

O7 Now think back over the LAST 30 DAYS. On how many occasions (if any) have you had any home made or smuggled alcohol to drink? Mark one box for each line.

Number of ease

	Number of occas	sions					
	0	1–2	3–5	6–9	10–19	20–39	40 or more
a) Home made beer							
b) Home made wine							
c) Home made spirits							
d) Smuggled beer							
e) Smuggled wine							
f) Smuggled spirits							
	1	2	3	4	5	6	7

#### **O8** Do you think that heavy drinking influences the following problems? Mark one box for each line.

(Q38 in 2003)

	Yes, con- siderably	Yes, quite a lot	Yes, to some extent	Yes, but only a little	No
a) Traffic accidents					
b) Other accidents					
c) Violent crime					
d) Family problems					
e) Health problems					
f) Relationship problems					
g) Financial problems					
	1	2	3	4	5

## **O9** Think of that last day on which you drank alcohol. Where were you when you drank?

Mark all that apply.	
1 I never drink alcohol	(Q15 in 2003)
1 At home	
1 At someone else's home	
1 Out on the street, in a park, beach or other open area	
1 At a bar or a pub	
1 In a disco	
1 In a restaurant	
1 Other places (please describe)	

#### O10 On how many occasions (if any) have you used moist snuff? Mark one box for each line.

	Number of occa	sions					
	0	1–2	3–5	6–9	10–19	20–39	40 or more
a) In your lifetime							
b) During the last 12 months							
c) During the last 30 days							
, c ,	1	2	3	4	5	6	7

#### O11 How much moist snuff have you used during the LAST 30 DAYS?



# The following questions are about yourself and things you might do. O12 What house work do you usually do at home? (Q B2 in 2003) 1 I do shopping 1 I take care of younger sisters/brothers 1 I take care of pets 1 I cook 1 I clean the house/apartment 1 I do laundry 1 I wash dishes 1 I work on the household plot of land (garden) 1 I take care of rarm animals 1 I care for elder family members 1 I take out the rubbish 1 I don't usually do any house work

O13 How much TV or video do you estimate you watch on an average weekday? (Q B3 in 2003)

- 1 None
  2 Half-hour or less
  3 About 1 hour
  4 About 2 hours
  5 About 3 hours
  6 About 4 hours
- 7 5 hours or more

 O14
 How good do you think you are at schoolwork, compared to other people your age?

 1
 Excellent, I am probably one of the very best
 (Q B4 in 2003)

 2
 Well above average

 3
 Above average

 4
 Average

 5
 Below average

- 6 Well below average
- 7 Poor, I am probably one of the worst

Now when you have reached the end of the questionnaire there are a few more questions we would like you to answer. Some of them are similar to questions you have answered earlier, but they are not the same.

# R1 On how many occasions (if any) have you been drunk from drinking alcoholic beverages?

				()	Q19 in 20	03)				
	Number of occa									
	0	1–2	3–5	6–9	10–19	20–39	40 or more			
a) In your lifetime										
b) During the last 12 months										
c) During the last 30 days										
	1	2	3	4	5	6	7			

R2 Think back once more over the LAST 30 DAYS. How many times (if any) have you had five or more drinks in a row? (A "drink" is a glass of wine (ca 15 cl), a bottle or can of beer (ca 50 cl), a shot glass of spirits (ca 5 cl) or a mixed drink.)





R1 and R2 are questions from 2003 that have been changed ("R" stands for "recommended questions"). Adding the two R-questions in the very end of the questionnaire can hopefully give some data that are comparable with data in earlier surveys (even though the context is different) at the same time as they may function as "a bridge" between the old and the new version of a question. It is highly recommended to include the two R-questions.